



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Monthly collections support the following projects: North of 60 food assistance to Nunavut, Christmas Gift Cards in Waterloo, Hygiene Kits for Ukrainians, and Marillac Place after-care programs. Thank you for your continued support. For food assistance in Waterloo Region call 519-743-5576 ext 340.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Weekly Gospel Reflection (Lk 24:46-53)



The Ascension of the Lord into heaven is not the celebration of His physical journey through the skies but a way of saying that Christ, though no longer physically present, is still very close to us. Which is why when the disciples were gazing up into the sky the angels challenged them to focus their attention rather on earth, “**why do you stand looking up toward heaven?**” (Act 1:11).

The angels remind us that for now, in the Church, we Christians, are the continuing presence of Christ on earth. St. Theresa of Avila was right in saying, “*Christ has no body but yours, no hands, no feet on earth but yours.*”

Fr. Jamroz

WELCOME TO ST. MICHAEL PARISH

Welcome, we are glad you're here! For details on our parish life, please see our website: www.stmichaelw.ca

Parish Office Hours

The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

MASS INTENTIONS

Tuesday, June 3, 2025

- 7:00 pm** + Rudy Ianni – Maria Ianni
+ Juan Castillo Gonzalez – The Benavides Family
+ Special Intentions of the Mootheril Family – George Mootheril

7:30pm-8:30pm Holy Hour with Adoration & Benediction

Wednesday, June 4, 2025

- 12:15 pm** + Agnes Horrigan – Eleanor Horrigan
+ Alfons & Evan Hoegler – Marianne Hoegler
+ Special Intentions of the Alguindigue Family – Tiuley Alguindigue

Thursday, June 5, 2025

- 12:15 pm** + Paul – The Vu Family
+ Albert Scholtz – Darlene Kuntz
+ Lona – Sophiya Das
+ Special Intentions of Dennis & Angelina Girard – Dominic Posella

Friday, June 6, 2025

- 8:00 am** +Special Intentions in Thanksgiving for Fr. Jamroz – Maria Kuzio
+ Special Intentions of George Azcuna & Mathew Kaleckal – Anne Castro
+ Paulosee Kannai – Paul & Jesna

8:30am - 9am Adoration of the Blessed Sacrament

Saturday, June 7, 2025

- 5:00 pm** + Joself – The Vu Family
+ Ernie Hollo – The Family
+ Amelia Okuda – Monica Okuda

Sunday Homilies Online

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button ‘SUNDAY HOMILY’.

The Church is Open for Prayer

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

Prayer Intentions

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website www.stmichaelw.ca and click on Request a Prayer or contact the parish office by phone or email.

Parish Email List

All parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, please sign up on our website at <https://www.stmichaelw.ca/contact-us>



The Solemnity of The Ascension of The Lord

The Ascension is a liturgical Solemnity celebrated by all Christians. It falls on the fortieth day after Easter Sunday. Since it falls on Thursday, in many countries, including Canada, this Solemnity is transferred to the following Sunday. With His Ascension into Heaven, the presence of the “historical Christ” comes to an end, and the presence of the Body of Christ, the Church, is inaugurated.

Pope Francis: *The Ascension of the Lord is not his separation or removal from us, but rather the fulfilment of his mission. Jesus first descended to us, so that we might ascend to the Father. ... He descended even to the depths of the earth, so that the gates of heaven might open wide above us. (Homily, Ascension of The Lord, 2024).*

Saint Charles Lwanga and Companions – Martyrs, Memorial - Tuesday June 3rd, Mass 7pm followed by Adoration.

They are known as the Martyrs of Uganda. They were a group of young men and boys, who were martyred for their Christian faith during the late 1880s. Charles Lwanga has been declared patron of Catholic Action and of Black African youth.



In 2013, St. Michael Parish put together the Harambee Child Sponsorship Program whereby donors here in Canada are matched directly with a child in Kenya. Annually, updated profiles of the children are provided to sponsors so that they can follow his/her/their progress. Currently, more than 120 children are being supported through this program. For more information visit our website: <https://www.stmichaelw.ca/africa-project-2>

The Ones

If you are an adult who normally eats alone or would like to meet other parishioners, come join us on the **first**

Friday of each month at the Waterloo Knights of Columbus for Fish and Chips. For more information or to reserve your place, please contact Eleanor Horrigan at 519-885-3674 or horriganeleanor@gmail.com

Volunteers Needed

We are in need of volunteers for the following ministries:

Extraordinary Minister of Communion to the Sick and Homebound. Commitment: One Sunday per month following the 9am Mass. High risk screening is required as we are visiting with our vulnerable community. We will walk you through the process.

Care Ministry - Saturday Morning Breakfast at the House of Friendship in Waterloo. Commitment: One Saturday morning per month 7:45-9:15am. High risk screening is required and is completed by the House of Friendship.

Vacation Bible School - Adult and student volunteers are needed to help run the VBS program August 11-15. For high school students, this would be a great opportunity to earn your community service hours. For more information, please contact the parish office at parish@stmichaelw.ca, or by phone 519-884-9311.

NORTH OF 60, 2025 – Food Gathering

St. Vincent de Paul is hosting our annual food gathering to support our northern neighbours in the community of Chesterfield Inlet, Nunavut. The following 4 products **ONLY** will be collected on the weekends of **May 31, June 7/8 and June 14/15**: SUGAR – 2KG BAG, TANG JUICE CRYSTALS – BOXED SLEEVES, CANNED FRUIT, MR NOODLES. Please place food items in the white bins at Church entrances.

VBS - Vacation Bible School

August 11 – 15 (9 am – noon)

Cost is \$30 per child. Registration is open on our website at <https://www.stmichaelw.ca/vbs> or forms are available at the main entrance of the Church.

Church Bulletin Advertising

Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in September 2025 & supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.



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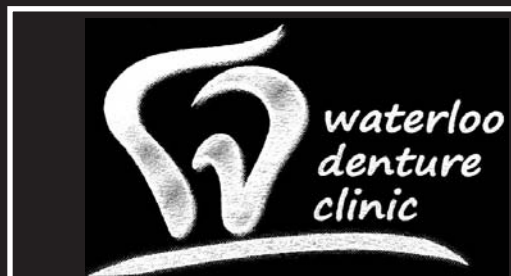
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